

Heartland Community Schools February Menu 2017

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

All Grains are Whole Grain Rich.

Fresh Fruit and Vegetable Bar Offered Daily with Lunch.

A Variety of Fruit and Juice are offered Daily with Breakfast.

A Variety of Low Fat and Fat Free Milk is Offered Daily with Breakfast and Lunch.



		PANCAKE WRAP 1 CHILI CINNAMON ROLL FRUIT & VEGGIE BAR	WAFFLES 2 SPAGHETTI BOSCO STICK! GREEN BEANS FRUIT & VEGGIE BAR	EGG TACO 3 STEAK FINGERS MASHED POTATOES FRESH BAKED ROLL FRUIT & VEGGIE BAR
CINNAMON ROLLS 6 SWEET & SOUR CHICKEN STEAMED RICE BROCCOLI FRUIT & VEGGIE BAR	SAUSAGE BISCUIT 7 CHICKEN FILET SANDWICH FRIES STEAMED PEAS FRUIT & VEGGIE BAR	BREAKFAST PIZZA 8 PORK TENDERLOIN MASHED POTATOES FRESH BAKED ROLL FRUIT & VEGGIE BAR	CHICKEN BISCUIT 9 HOMEMADE PIZZA CORN 100% JUICE SLUSHIES FRUIT & VEGGIE BAR	10
13	FRENCH TOAST 14 HAMBURGERS FRIES 100% JUICE SLUSHIES FRUIT & VEGGIE BAR	MINI PANCAKES 15 GOULASH CORN FRESH BAKED BREADSTICK FRUIT & VEGGIE BAR	CHICKEN BISCUIT 16 TERIYAKI CHICKEN STEAMED RICE BROCCOLI FRUIT & VEGGIE BAR	CHOCOLATE CHIP MUFFIN 17 MAX CHEESE STICKS MARINARA SAUCE GREEN PEAS FRUIT & VEGGIE BAR
SAUSAGE BISCUIT 20 CHICKEN PATTY SANDWICH FRIES CALIFORNIA BLEND VEGGIES FRUIT & VEGETABLE BAR	WAFFLES 21 HOMEMADE PIZZA CORN 100% JUICE SLUSHIES	CINNAMON ROLLS 22 CHICKEN FRIED STEAK MASHED POTATOES FRESH BAKED ROLL FRUIT & VEGGIE BAR	BREAKFAST PIZZA 23 BEEF TACOS CORN LONG JOHNS FRUIT & VEGGIE BAR	LONG JOHNS 24 CHICKEN ALFREDO STEAMED BROCCOLI FRESH BAKED BREADSTICK FRUIT & VEGGIE BAR
PANCAKE WRAP 27 CHICKEN NUGGETS MASHED POTATOES FRESH BAKED ROLL FRUIT & VEGGIE BAR	MINI PANCAKES 28 BEEF ENCHILADAS GREEN BEANS FRESH BAKED BLUEBERRY MUFFINS FRUIT & VEGGIE BAR			